## **THRUSH**

	Thrush (also known as Candidiasis) is an infection caused by a yeast called Candida Albicans.
	It is normal to have small amounts of this yeast in your private parts  Sometimes things like antibiotics, soaps and heavy sweating can cause the yeast to grow more
	Symptoms include redness, rash or itching on the part of the body infected
Concatent Committee	Thrush is treated with anti-fungal creams or tablets.
	Thrush can happen at any time
	Keep you private parts clean and dry
	Wear light cotton clothing
PH/LH BODYWISE 2010	