Menstruation

Menstruation is another way of saying periods

Periods are something that only girls have

Periods start for girls when they go through puberty

ogg sac interest tube interest tube interest tube	Each month an egg (ovum) is realised from an ovary
1933 BEC WOND Under Indicated Indica	The egg travels down the fallopian tube
The state of the s	When the egg reaches the uterus (womb) it dissolves and flows out of the vagina with the lining of the uterus in the form of blood
	This is called your period
egg sac womb tube discount hold hold mount	After your period the cycle starts again and another egg is released from the ovary
	This cycle takes around 28 days
	If you are worried about your periods you can talk to your GP or nurse for more information or advice

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