

## Learning Disability Nurses



There are special nurses at the hospital called **Learning Disability Liaison Nurses**.

You can ask to see a Learning Disability Liaison Nurse if you need some support when you come to hospital.



If you want more information call **08454 224 985** or **08454 224 953**.

## Having a blood test



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[www.gloshospitals.nhs.uk](http://www.gloshospitals.nhs.uk)

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BETTER FOR YOU

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## What is a blood test?



A blood test is when someone puts a needle in your arm to get a little bit of blood.

It might hurt a little bit but it is very important. It helps the doctors find out why you are ill.



You might have to go somewhere to have a blood test like

- your doctors
- the hospital
- a clinic.



Or someone might come to your home to give you a blood test.



This booklet tells you more about blood tests.

## More information

If you want more information you can talk to someone from PALS.

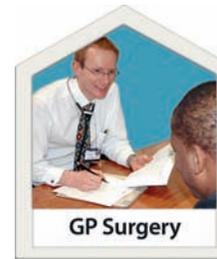
PALS is a group that can give you information about anything to do with NHS health services.

You can visit PALS in the hospital.

You can call PALS on  
**0800 019 3282.**

You can text PALS on  
**07827 281 266.**

You can email PALS at  
**pals.gloucestershirehospitals@  
glos.nhs.uk**



## Going to have a blood test

You might have to go to your doctors, the hospital or a clinic to have your blood test.

Take your traffic light assessment with you if you have one.

When you get there tell a member of staff your name.

They might tell you to wait in the waiting area.

It might be busy. You might have to wait for a little while.

If you find it hard to wait tell a member of staff.

## Having a blood test



Someone will call your name when it is your turn to have a blood test.

You will go to see the nurse or doctor.



Someone can go with you if you want them to, like your carer or someone from your family.



The doctor or nurse will ask you to roll up your sleeve. It may be good to wear a t-shirt.

They will put a band around your arm.



Then they will put a needle in your arm. It might sting a bit but only for a short time.



Try and keep your arm very still and straight.

## Having a blood test



When it is done the nurse or doctor will take the needle away. It may bleed a little bit.

They will put some cotton wool or a plaster on your arm.



Then it is finished.



The doctor or nurse will send the blood away for tests.



The results of your blood test will be sent to your doctor.



Your doctor will talk to you about what the results mean.