

Going to the Doctor



When you are ill you can:



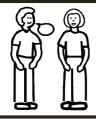
Stay in bed and rest



Go to the Doctor



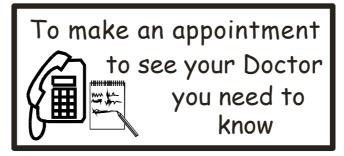
Talk to the Chemist

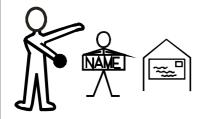


Talk to your family or a friend

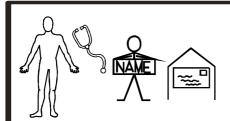


Telephone NHS Direct Dial: 0845 46 47





Your full name and address



Your Doctors name and address

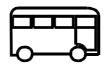




When the Surgery is open







How to get to the surgery



Do you want someone to go with you





Do you have any pain?



Can you sleep?



Are you eating?



Have you been sick?





Are you going to the toilet differently than is normal for you?



Continued

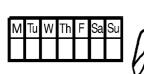
What to tell your Doctor



Are you upset about anything?



Is anything else wrong?





When did you start to feel ill?





What do you think has made you ill?





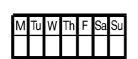
Have you taken any Medicine?







What is wrong and What should I do next?



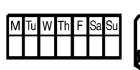


When will I feel better?





Do I need medicine?





How long will I have to take medicine?



Do I need to come back?