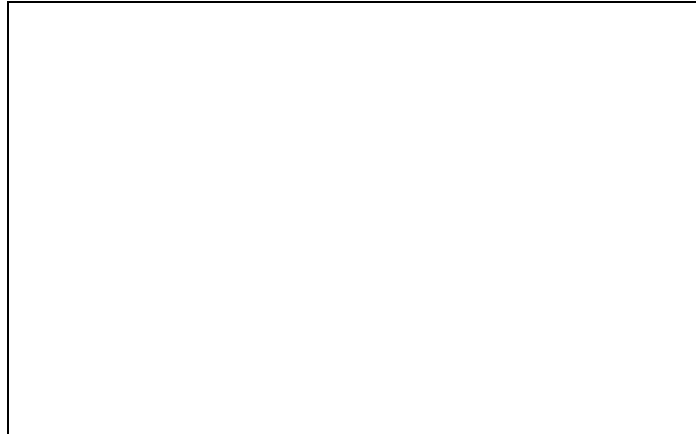








My Health Action Plan

A photograph of me



	<p>My Name: _____ I would like you to call me: _____</p>	
	<p>My Date of Birth _____</p>	<p>NHS Number _____</p>
	<p>My Address _____</p> <p>My Telephone Number _____</p>	
	<p>My Health Facilitator _____</p>	
	<p>People who I agree can look at my plan _____</p>	
	<p>My Health Action Plan was made on _____</p> <p>We will look at the plan on _____</p>	

My Health Action Plan



- Things that I need to do to keep me healthy.

My health need	What I need to do	Who will help me?



My Health Action Plan

- Things that I need to do to keep me healthy.

My health need	What I need to do	Who will help me?