












## Sulpiride

### This is an easy way to read this word... sul-pee-ride

	<p><b>What is this leaflet for?</b></p> <p>This leaflet is to help you understand more about your medicine.</p> <p>Your medicine could look different to the photographs on this leaflet.</p>
	<p><b>What is the medicine called?</b></p> <p>Sulpiride is also called Dolmatil, Sulpitol or Sulpor.</p> <p>You will see 1 of these names on your prescription.</p> <p>Sulpiride could come as tablets or as a liquid.</p>
	<p><b>What is sulpiride for?</b></p> <p>Sulpiride could be used for different reasons.</p> <p>Sulpiride is used for schizophrenia.</p> <p>Sulpiride is sometimes used for people who have behaviour problems.</p> <p>For example, it could...</p> <ul style="list-style-type: none"><li>• help if you are anxious</li><li>• help calm you down</li><li>• help you feel less angry</li><li>• help you feel less tense.</li></ul>
	<p><b>What will sulpiride do?</b></p> <p>Sulpiride should help you feel calm and relaxed.</p> <p>It could take some time for sulpiride to have its full effect.</p> <p>This effect should reduce your behaviour problem.</p>

	<p>For example, it may...</p> <ul style="list-style-type: none"><li>• help you control your temper</li><li>• help you stop hurting yourself</li><li>• help you stop breaking things.</li></ul>
   	<p><b>What are the side effects of sulpiride?</b></p> <p>Side effects are effects medicine can have on your body that are not wanted.</p> <p>Not everyone taking a medicine will get side effects.</p> <p>Many side effects will go away with time.</p> <p>Many side effects are rare.</p> <p><b>You might want to talk to your doctor if you have any side effects.</b></p> <p>For example, these are some side effects of sulpiride...</p> <ul style="list-style-type: none"><li>• feeling sleepy or sluggish</li><li>• feeling more restless and agitated</li><li>• feeling dizzy when you stand up</li><li>• dry mouth</li><li>• too much spit</li><li>• headache</li><li>• you could lose interest in sex</li><li>• faster heart beat than normal</li><li>• putting on weight</li><li>• if you are female, your periods could change.</li></ul>

 <p>The top illustration shows a person with a fever, indicated by wavy lines above their head and sweat drops on their face. They are holding a glass. The bottom illustration shows a person with a rash, indicated by dark, blotchy areas on their arms and chest.</p>	<p>Some side effects are more serious.</p> <p>You should tell someone straight away if...</p> <ul style="list-style-type: none"><li>• you have a fever or high body temperature</li><li>• you feel stiff</li><li>• you feel shaky</li><li>• you have blurred vision or things look fuzzy</li><li>• you have a rash or blotches on your skin</li><li>• you have problems with weeing.</li></ul>
 <p>The first photograph shows a brown glass bottle and a white box of sulpiride. The second photograph shows a hand holding a glass of water and another hand holding a white tablet. The third photograph shows a hand pouring liquid from a brown glass bottle into a small white cup.</p>	<p><b>How and when do I take sulpiride?</b></p> <p>The label on your sulpiride packet should tell you when to take your medicine.</p> <p>The label should tell you how much medicine you should take.</p> <p>You should follow these instructions carefully.</p> <p>You should swallow your tablet with water...</p> <p>Or...</p> <p>Measure and swallow your liquid.</p> <p>You should ask your pharmacist if you can crush your medicine or if it can be mixed with a drink.</p> <p>If you forget to take your medicine, tell someone straight away.</p>

	<p>You should carry on taking your medicine even if you feel better unless your doctor asks you to stop.</p> <p>You should talk to your doctor before you stop taking your medicine.</p>
	<p><b>What do I need to know about sulpiride?</b></p> <p>Drinking alcohol whilst taking sulpiride could make you feel drowsy.</p> <p>Some medicines do not work well together.</p> <p>You should tell your doctor about any other medicines you are taking.</p>
	<p><b>Where can I get more information?</b></p> <p>This leaflet does not tell you everything about sulpiride.</p> <p>If you want more information about sulpiride...</p> <ul style="list-style-type: none"><li>• you can ask your pharmacist, doctor or nurse for more information</li><li>• you can ask your carer to get more information</li><li>• you can phone NHS Direct on 0845 4647</li><li>• you can phone a medicine information helpline on 020 3228 2999.</li></ul>

G. Unwin and S. Deb from the University of Birmingham created this leaflet with help from People First (Staffs) and Mencap. The project was funded by the Big Lottery Fund.

It can be downloaded from [www.ld-medication.bham.ac.uk](http://www.ld-medication.bham.ac.uk).

The information in this leaflet came from...

- the British National Formulary ([www.bnf.org](http://www.bnf.org))
- the United Kingdom Psychiatric Pharmacy Group Patient Advisory Leaflets ([www.ukppg.org.uk/ukppg-pals.html](http://www.ukppg.org.uk/ukppg-pals.html))
- Miriam Wilcher's Handbook for Carers of People with Learning Disabilities.

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Some of the pictures are from the CHANGE Health Picture Bank, CHANGE, Units 19/20, Unity Business Centre, 26 Roundhay Road, Leeds, LS7 1AB.

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