### Easy Read version of:

# Plan for Downs Syndrome and Dementia

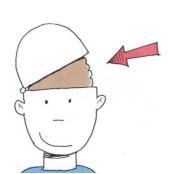
#### Introduction



People with Down's Syndrome are more likely to develop dementia at an earlier age than the people generally.

The purpose of this document is to find out how many people with Down's Syndrome may need **Dementia Care** in the future.

### What is Dementia?



Dementia is an illness that affects the brain.

The brain tells our body what to do, such as remembering things, how to walk, talk and eat.

When someone has dementia it can affect how we do things.

People may forget the names and faces of people they know well.





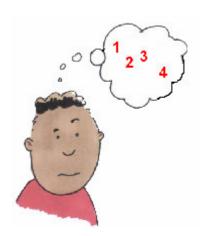
They may feel angry or sad and start to scream or throw things because they have forgotten how to tell people how they feel.

They may cry because they are frightened or confused.

### Finding out who we may need to help

We need to know how many people have Down's Syndrome so we can plan for the future.

We have made a list of all the people we know with Down's Syndrome.



We know of 107 people.



We have assessed people so we know what they can do now.

Every 3 - 5 years we will assess people again and if they are having difficulty doing things they could do before we will see if they have dementia.

We have worked out how many people may have dementia in the future.

## What will we need to provide services?

We will need to make sure that everybody including nurses, social workers and GP's know all about Dementia.





We will need to make sure that people who live at home with their families have support.

We may need to have special residential placement.