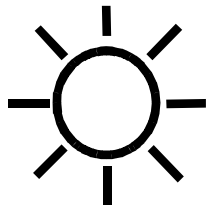
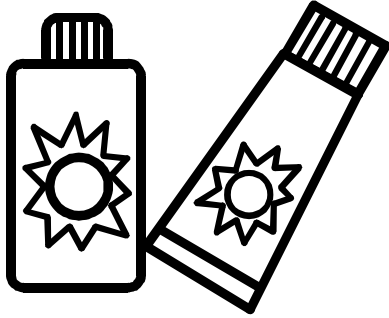


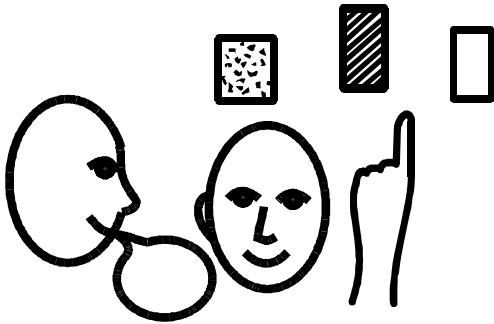
Take Care in  
the Sun



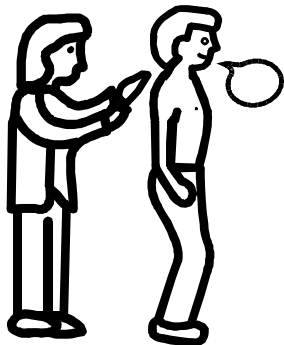
Take care in  
the Sun



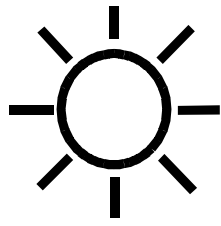
Use sun cream.



Ask for help when  
choosing your sun  
cream.



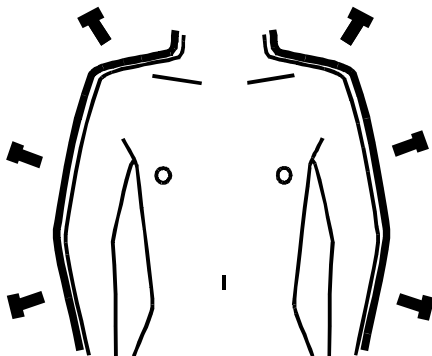
Ask for help to  
apply the sun  
cream.



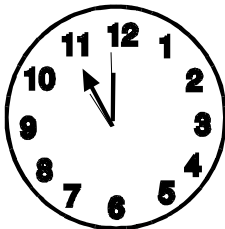
Take care in  
the Sun



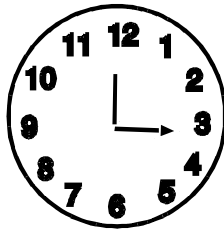
Wear loose clothing,  
a hat and  
sunglasses.



You will get sunburn  
if go out in the sun  
without protection.

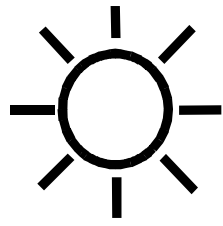


11am



3pm

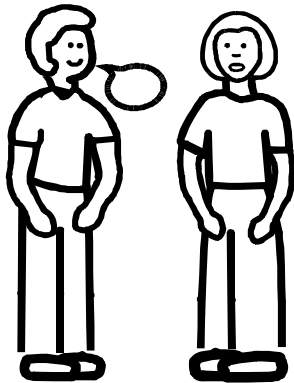
Do not sit out in  
the sun between  
11 am and 3 pm.



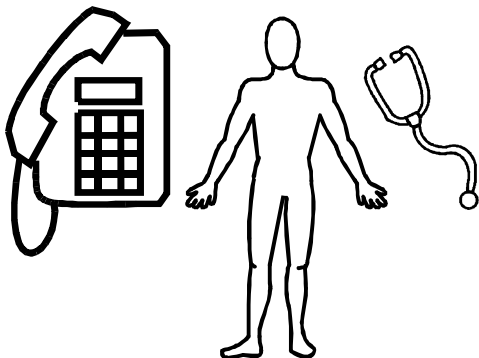
Take care in  
the Sun



If you have moles on  
your skin, check them  
regularly for changes.



If you see any changes  
tell someone.



Make an appointment  
to see your Doctor.