

Rinse off the soap with
water and dry your
hands



Put plasters on cuts

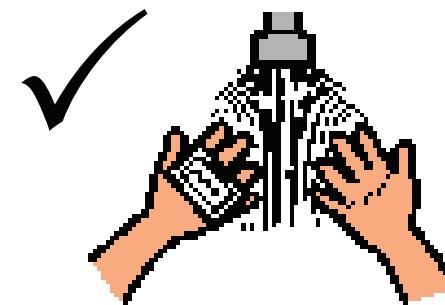
Developmental Neurosciences
and Learning Disabilities Directorate
Myton Oak,
Royal Shrewsbury Hospital North,
Shrewsbury,
Shropshire,
SY3 8XQ



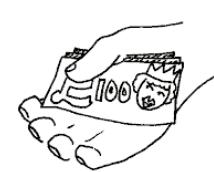
Tel: 01743 261181
DNLDD/081 Review April 08

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Keeping your hands clean

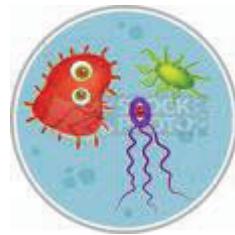


Hand washing is important
Because....
We use our hands for
different activities





Hands get dirty e.g.
after going to the
toilet



Dirty hands can
spread infections

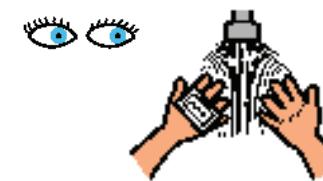
We should wash our hands



After using the
Toilet



Before cooking
and eating food



After touching pets

When our hands
look or feel dirty

How to wash your hands



Wet hands
before
putting on soap



Wash all parts
of your hands,
especially the
fingertips