

## Looking after your eyelids



## It is very important to keep your eyelids and lashes clean



Wash hands







Put 1 teaspoon of baby shampoo in a cup of water



Wash your hands





Dip the cotton wool in the diluted solution

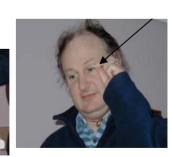




Gently clean the lids and eyelashes from the nose side outwards







Use new cotton wool for the other eve