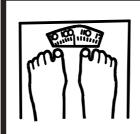


Weight



Weight



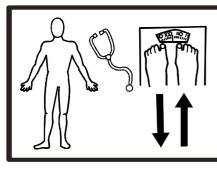
It is bad for you to be overweight



It is bad for you to be under weight



Eating healthy food and doing regular exercise will control your weight.



Go to your Doctor if your weight changes suddenly.