

**For more information or to make a referral contact either**

**Psychology Service - Kingswood**

Joint Learning Difficulties Service,  
Hanham Road,  
Kingswood, Bristol BS15 8PQ  
Tel: 01454 862480

**Psychology Service - Fiveways**

Joint Learning Difficulties Service,  
Vinney Green Annexe, Vinney Green House,  
Emersons Green Lane,  
Emersons Green  
Bristol. BS16 7AT  
Tel: 01454 862480

**Psychology Service - Thornbury**

Joint Learning Difficulties Service,  
Unit 5, Thornbury Office Park,  
Midland Road,  
Thornbury, Bristol BS35 2BS  
Tel: 01454 862450

## **South Gloucestershire Psychology Service**



Part of the service for people  
with learning difficulties who live in  
South Gloucestershire

## What we do

The Psychology Service helps adults with learning difficulties who live in South Gloucestershire.

We can help when you are feeling upset, angry or worried about something.

For example if you:

- Are worried and stressed
- Are feeling low
- Are hurting yourself (self harm)
- Have relationship or sexual issues
- Have had a loss
- Have difficulties with behaviour



## Can we help you or someone you know?

If you think we can help let us know. This is called a referral. Anyone can make a referral.

Our contact details are on the back page.



## How we help

Our Psychologist's try to find ways to help you. We might do this by seeing you on your own, in a group, or with a support worker or family carer.

## What happens after you ask for help?

Two psychologists will meet with you to talk about the sort of help you want. Family or carers can be there to support you. If we can help you, your details will then be put on a waiting list to see a psychologist. When one of us is available, we will work with you to find the best way to help you with your difficulty.

