

## Learning Disability Nurses



There are special nurses at the hospital called **Learning Disability Liaison Nurses**.

You can ask to see a Learning Disability Liaison Nurse if you need some support when you come to hospital.



If you want more information call **08454 224 985** or **08454 224 953**.

## Having an X-ray



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BETTER FOR YOU

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## What is an X-ray?



An X-ray is a picture of inside your body.



It shows the doctor if there is something wrong, like if you have a broken bone.



You have to go to hospital to have an X-ray.



It will not hurt to have an X-ray.

## More information

If you want more information you can talk to someone from PALS.

PALS is a group that can give you information about anything to do with NHS health services.

You can visit PALS in the hospital.

You can call PALS on  
**0800 019 3282.**

You can text PALS on  
**07827 281 266.**

You can email PALS at  
**[pals.gloucestershirehospitals@  
glos.nhs.uk](mailto:pals.gloucestershirehospitals@glos.nhs.uk)**



## At the hospital

When you get to the hospital go to the reception desk.



The person on reception will ask for your name.



They will tell you to wait in the waiting room.



You might have to wait for a while.



You can take something to look at while you are waiting, like a book or magazine.





## Having an X-ray

When it is your turn someone will call your name.



They might tell you to wear a hospital gown.

You will go to a changing room to put this on.



Then you will go into the X-ray room.

A friend or carer can go with you if you want them to.



The person in the X-ray room will tell you what to do.



## More about having an X-ray

You might have to stand up to have an X-ray.



Or you might have to lie down to have an X-ray.



You will need to keep still for the X-ray. You might have to hold your breath.



The person doing the X-ray will stand behind a big screen.



The X-ray machine will shine a light on you. It might make a noise too.