

Having a Blood Test



The nurse or doctor will put soap on their hands.



The nurse or doctor will wash their hands under a tap.



They will dry their hands with a paper towel.



They will rub alcohol gel into their hands.



Cream will be put on the back of your hand or inside your arm.

The cream will stop the pain from the needle.



A clear plaster will be put over the cream.

The plaster will stop the cream coming off.



The cream will take **45** minutes to work.

You will have to wait **45** minutes.



A clear plaster will be taken off.

The cream will be wiped off.



The doctor or nurse will get a tray.

They will get all the equipment they will need.



A band will be put around the top of your arm.

The band will be tight.

This is not hurt.



The needle will be put into your skin in the same place the cream was.

The blood will go into small bottles.



The needle will be removed when the blood has been collected.

A cotton ball will be pressed onto your arm where the needle came out.

The cotton will stay on until the bleeding has stopped



Everything is now done!

Photo story compiled by Sam Pearce – Acute Liaison Nurse for Learning Disabilities, with kind permission of Anthony Dunn & Cornwall Partnership Trust