

FASTING BLOOD TEST

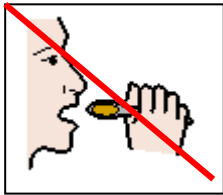
Your doctor or nurse



has asked you to have a

FASTING BLOOD TEST.

12 hours before the test have:



no food



no sweets or gum



no tea / coffee or smoking

YOU CAN:



drink water



take your tablets

MAKE AN EARLY APPOINTMENT WITH THE NURSE OR PHLEBOTOMIST.