

# What to do after your anaesthetic or sedation



**After your anaesthetic or sedation the drugs used can affect you for up to 24 hours.**

They can make:



- you sleepy



- it difficult to concentrate



So for the next 24 hours, please **do not**:



- drive a car



- ride a motorbike or bicycle



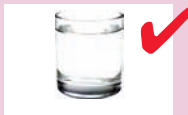
- lock any doors



- make important decisions like writing a cheque

**For 24 hours after your anaesthetic or sedation**

Please **do**:



drink lots of fluid



eat light food



Make sure you have an adult or carer with you for 24 hours after you go home



**If you have any worries or problems please ring your GP**

