

## Learning Disability Nurses



There are special nurses at the hospital called **Learning Disability Liaison Nurses**.

You can ask to see a Learning Disability Liaison Nurse if you need some support when you come to hospital.



If you want more information call **08454 224 985** or **08454 224 953**.

## Going to outpatients



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[www.gloshospitals.nhs.uk](http://www.gloshospitals.nhs.uk)

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BETTER FOR YOU

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## What is outpatients?



Outpatients is part of the hospital or clinic.



You go to outpatients to see someone from the healthcare team, like a doctor or nurse.



Outpatients is for people who are not staying overnight in the hospital.

## More information

If you want more information you can talk to someone from PALS.

PALS is a group that can give you information about anything to do with NHS health services.

You can call PALS on  
**0800 019 3282.**



You can text PALS on  
**07827 281 266.**



You can email PALS at  
**pals.gloucestershirehospitals@  
glos.nhs.uk**

## Getting ready to go to outpatients

Things you might need to take:

- A urine sample.
- A list of the medicines you take.
- Your traffic light assessment if you have one.
- Something to look at while you are waiting, like a book or magazine.



## When you get to outpatients



When you get there go to the reception desk and tell the person your name.

Tell them if you need help with anything.



## Waiting area

The person at reception will tell you to wait in the waiting area.



It might be quite busy.



You might have to wait for a little while.



If you find it hard to wait tell the person on reception or a nurse.

## Seeing the nurse and doctor



The nurse will call your name when it is your turn.



A carer or support worker can go with you if you want.



The nurse might ask you to stand on the scales so they can find out your weight.

The nurse might measure you to see how tall you are.



Then you will see your doctor.  
You can talk to your doctor about any problems or worries you have.