

Leaving Hospital:



Ask someone to take you home.



Ask them to bring you some clothes.



Make sure you know which medicines to take.



Patient information for the

Gloucestershire Health Community

EASY READ
INFORMATION LEAFLET

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PALS

PALS (Patient Advice and Liaison Service) provide information and support about your hospital visit and help you if you have any concerns.



Ring PALS at:

PALS Gloucestershire Royal Hospital / PALS Cheltenham General Hospital

Telephone: 08454 226831 - 9am - 5pm

Telephone: 0800 953 1367 - Any other time

e-mail: pals.gloucestershirehospitals.glos.nhs.uk

PALS Community

Freephone: 0800 0151 548

e-mail: <u>communitypals@glos.nhs.uk</u>

Their website is: www.palsglos.org.uk

You can:





Listen to the radio



Have visitors



This booklet tells you about what you need to do and what you need to bring to hospital.



Watch television



See a chaplain



Use a telephone



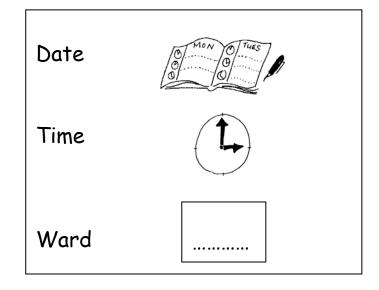
Choose your own food



If you have any questions please ring the Health Facilitation Team on: Freephone 0800 019 3346.



The admission letter tells you the date and time to go to hospital.





If you cannot come or if you have any questions please ring the number on the letter.

You will have:



A bed and a locker





You can call a nurse.

Consent:



If you are having an operation the doctor will ask you to sign a consent form.

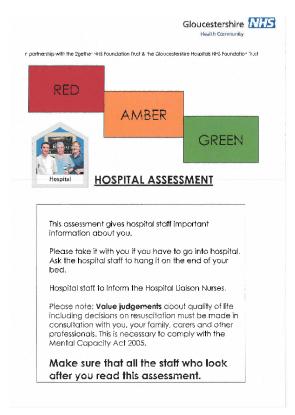


- Make sure you know what is going to happen.
- 2. Ask questions.
- 3. If you understand and agree, sign the form.

Remember that no-one else can sign the consent form if you are over 18 years old.

If you find it hard to say yes or no or do not understand difficult information a best interest form called a DOH Form 4 should be used.

Ask the nurse for more information.



It gives hospital staff important information about you.

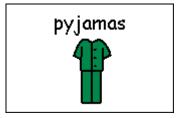


You can get the forms from the Health Facilitation Team: Freephone 0800 019 3346.



Please bring:

How to get to hospital:





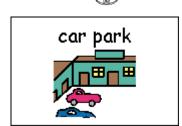




Ask a friend or carer to bring you to hospital.





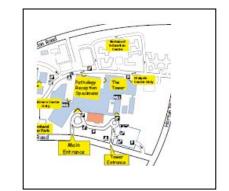


There is a car park - remember to bring some money.









There is a map on the back of this leaflet to show you the car parks and the hospital.





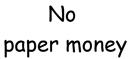


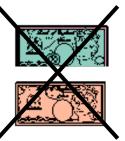


Do not bring:

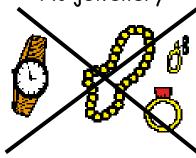


Please bring:





No jewellery



soft shoes



or



No coats



No alcohol



soap









toothbrush



toothpaste



No cigarettes









Please bring:



Please bring:

shaving kit



2 towels



Money for phone







glasses



hairbrush



comb



dentures



hearing aid



tissues



wet wipes



book



and





walking aids



medicines





Leaflet produced by:

Health Facilitation Team
Learning Disability Services
Ambrose House
Units 4 & 5
Meteor Court
Barnett Way
Barnwood
Gloucester
GL4 3GG

www.2gether.nhs.uk



Freephone: 0800 019 3346

Used by Gloucestershire Hospitals
NHS Foundation Trust

Leaving hospital:



Make sure you know the time and date of your follow-up appointment.





Take all your things home with you.

Make sure there is someone at home to look after you.



If you need any help at home please tell the ward staff.

